

FOR ORDERS AND MORE INFO PLEASE
CONTACT MOSTOFA 0433 563 413 / PROTUL 0430 481 146 OR
CHERRYBROOK.GOURMETFOOD@GMAIL.COM

CHERRYBROOK - 02 9481 0238

Cherrybrook Shopping Centre, 41-47 Shepherds Dr
Cherrybrook NSW 2126

**NEWPORT
BELROSE**

THEHONESTCHICKEN.COM.AU  THEHONESTCHICKEN



THE CATERING MENU

 **THE
HONEST
CHICKEN**

AT THE HONEST CHICKEN WE'RE ABOUT FARM-TO-TABLE, FREE RANGE CHICKEN, THAT IS CHEMICAL, HORMONE & ANTIBIOTIC FREE, MADE WITH PROPER STUFFING.

We're about generous portions of fresh wholesome salads that are made daily in-store. We're about burgers, hot food, daily specials, yummy desserts, all bursting with flavour, goodness & life.

We also offer gluten free, vegan, dairy free & nut allergy options.

Local, top quality produce. Fresh ingredients every day.

NATURAL. SIMPLE. DELICIOUS.

Our catering menu offers all of your favourites & more. Perfect for:

- Family gatherings
- Corporate events
- Birthdays
- Anniversaries
- Engagements
- BBQ's
- Picnics
- Christmas
- Weddings
- Parties

ROTISSERIE CHICKENS

ROASTED
(with or without stuffing)

PORTUGUESE
Portuguese or Lemon & Herb flavour (GF)

Can be cut into 4 or 8 pieces

Cooked to perfection in our marinades.
Ask about our sauces.

*Free range
with no added
hormones*



SALADS

All made daily in-house. Tray (serves 10 -12 people)

- Broccoli - Pesto Pasta - Superfood (V/ nuts) -** Broccoli, cherry tomato, BBQ chicken and mastered mayo (Chicken / veg) Pasta, sundried tomato, and basil pesto mayo. Brown rice, sweet potato, kale, beetroot, mix nuts, Avocado, Quinoa and light dressing.
- Lemongrass chicken -** Marinated chicken, mix capsicum, cabbage, shallots, coriander and lemongrass sauce.
- Kale & Quinoa -** Fresh kale, mix quinoa, chicken, avocado, cherry tomatoes, with Italian dressing
- Greek (V/GF) -** Traditional vegetables, feta cheese, sundried tomatoes and kalamata olives.
- Rocket & Avocado- (V/ GF)** Baby rocket, avocado, sundried tomatoes, fetta & kalamata olives.
- Caesar -** Baby cos, crispy bacon, eggs, parmesan and croutons.
- Grapes Tabouli (V) -** Parsley, seasonal grapes, tomatoes, water cress with dressing. pomegranate.
- Pear Fennel (V/GF) - Quinoa & Vegetable- (V/GF/ DF)** Pear, Mix lettuce, fennel, beans sprouts and cheese. Mixed Quinoa, chopped mixed vegetables, mixed seeds and dressing.
- Potato (GF) -** Potato, spring onions, crispy bacon and whole egg mayo.
- Pumpkin & beans- (V/ GF)** Baked pumpkin, mix capsicum, beans, fetta with light dressing.
- Beetroot Salad (V/GF) - Avocado vinaigrette - (V/GF/ DF)** Seasonal leaves, beetroot, target beetroot, fetta and walnuts. Beans, avocado, tomato mixed with homemade dressing.
- Tabouli (V/ DF) -** Parsley, tomato, cucumber, onions with lemon juice. dressing.
- Coleslaw (V/ GF) -** Hand cut white and red cabbage in a light dressing.
- Seafood salad -** Mixed seafood with celery, carrots, prawns in a light mayo dressing.
- Garden (V/GF/DF) -** Seasonal Fresh mix vegetables and avocado.
- Cajun Chicken salad -** Marinated chicken, freshly chopped kale, cucumber, and chickpeas.
- Roasted vegetable - salad (V/GF/DF)** Mixed roast vegetables, salad mix, beetroot.

*Healthy &
Delicious!*



HOT BAKED VEGETABLES

Tray (serves 12-15 people)

MIXED VEGETABLES (GF/DF)

Sweet potatoes, Zucchini, chat potatoes, carrot with whole grain honey sauce

SAUTEED BROCCOLINI & BEANS (GF)

Beans, broccolini, mushrooms and fresh lemons.

SAUTEED BEANS & BRUSSELS SPROUTS (GF)

Brussels sprouts, beans, mushroom sliced almonds and fresh lemons

STEAMED VEGETABLES (GF)

Slightly steamed seasonal vegetables with garlic and olive oils.

BAKED CREAMY POTATO (GF)

Thinly sliced potato baked with creamy cheese

BAKED PUMPKIN / SWEET POTATO (GF)

Baked with butter

ROASTED POTATOES (GF)

Roasted with mixed herbs

CHEESY CAULIFLOWER (GF)

Slow baked with creamy sauce

FRIED RICE (V)

Mixed vegetables with eggs

NOODLE GORENG (CHICKEN/ VEG)

Hokkien noodle with mixed vegetables, eggs and schnitzels

THAI FRIED RICE

style fried rice with chicken, ginger and Asian vegetables.

MEATS, FISH & CASSEROLES

SPIT ROAST LAMB

Tender whole leg of lamb roasted with hint of herbs and mint gravy.

BRAISED LAMB SHANKS

French cut shanks slowly cooked with vegetables and served with mash potato.

BAKED TASMANIAN SALMON/BARRAMUNDI

Freshly baked on a bed of creamy potato or Asian vegetables.

AUTHENTIC BUTTER CHICKEN

Delicately flavoured chicken cooked with homemade Creamy sauce.

BEEF BOURGUIGNON

French style beef casseroles slowly cooked with red wine and mushrooms.

BEEF LASAGNE

Angus beef cooked with homemade sauce.

VEGETARIAN LASAGNE

Homemade vegetarian lasagne with spinach and ricotta cheese.

GENERAL TSO'S CHICKEN

North American dish. Crispy chicken with sweet & sour sauce.

HONEY SOY CHICKEN

Chicken nibbles wing oven baked with homemade honey sauce

COTTAGE PIE

Traditional Shepherd's pie with mash potato

COQ AU VIN

Classic French combination of chicken, bacon and mushrooms.

SPANISH CHICKEN

A Chicken curry with fruity Spanish sauce.

ROGAN JOSH (LAMB/BEEF)

Traditional Indian Rogan josh with fragrant spices and yogurt.

CRACKLED PORK

slow cooked juicy pork with crispy crackle.



FINGER FOOD

Minimum order quantity 10

- MINI BURGERS - CHICKEN, SCHNITZEL & BEEF
- DEVIL WINGS
- SOUTHERN FRIED CHICKEN STRIPS
- TANDOORI CHICKEN FILLETS
- CHICKEN NUGGETS
- SCHNITZEL PIECES
- CHICKEN SKEWERS (LEMON & HERB)
- SPRING ROLLS

BURGERS

CHICKEN BURGER

- Honest chicken burger
- Hash mash burger
- Southern friend chicken burger
- Chicken becon relish burger
- Tandoori chicken burger
- Hot & spice schnitzel burger
- Piri Piri chicken burger
- Schnitzel burger
- Chicken lot burger

BEEF BURGER

- Honest beef burger
- Becon & cheese beef burger
- Aussie lot burger
- Beef & cheeseburger
- Onion ring cheeseburger

SPECIALTY BURGER

- Vegetable burger
- Fish burger
- Lamb burger

ROLLS & WRAPS

- Bacon & Egg Roll
- BLT
- Big Breaky Roll
- Bahn mi rolls (Chicken/ porks)
- Lamb Roll
- Pork roll
- Chicken Roll
- Portuguese Roll
- Strips Roll
- Falafel Wrap
- Grill Chicken Wrap
- Spicy BBQ Chicken Wraps
- Schnitzel wrap
- Tuna wrap etc

EXTRAS

PLATTER

All platters beautifully presented in a tray

- **Fruit Platter** - Selection of seasonal freshly cut fruits.
- **Antipasto Platter** - Fresh vegetables, fetta, sundried tomato, olives, dips and more.
- **Cheese Platter** - Selection of cheese with fresh and dried fruits.
- **Finger food platter** - Mixed choice of your finger food in a platter.
- **Pastry Platter** - Mixed pastries in a platter for breakfast or afternoon tea.

DESSERT

- Chocolate mousse
- Creamy rice pudding
- Banoffee Pies
- Apple crumble
- Tiramisu
- Mango Mousse

For large catering you supply the venue, and we will supply full service of BBQ including steaks, sausages, staffs and our wide range of selected items from our menu.

DRINKS

Water, soft drinks & juices are available